

# BIRCH CREEK



## Famous January Birthdays

Jan. 1<sup>st</sup> Don Novello  
 Jan. 2<sup>nd</sup> Roger Miller  
 Jan. 3<sup>rd</sup> Mel Gibson  
 Jan. 4<sup>th</sup> Jane Wyman  
 Jan. 5<sup>th</sup> Robert Duvall  
 Jan. 6<sup>th</sup> Bonnie Franklin  
 Jan. 7<sup>th</sup> Nicolas Cage  
 Jan. 8<sup>th</sup> David Bowie  
 Jan. 9<sup>th</sup> Crystal Gayle  
 Jan. 10<sup>th</sup> Frank Sinatra Jr  
 Jan. 11<sup>th</sup> Grant Tinker  
 Jan. 12<sup>th</sup> Howard Stern  
 Jan. 13<sup>th</sup> Patrick Dempsey  
 Jan. 14<sup>th</sup> Andy Rooney  
 Jan. 15<sup>th</sup> Charo  
 Jan. 16<sup>th</sup> Debbie Allen  
 Jan. 17<sup>th</sup> Kid Rock  
 Jan. 18<sup>th</sup> Kevin Costner  
 Jan. 19<sup>th</sup> Katey Sagal  
 Jan. 20<sup>th</sup> DeForest Kelley  
 Jan. 21<sup>st</sup> Robby Benson  
 Jan. 22<sup>nd</sup> Steve Perry

## New year – Jan. 1<sup>st</sup> 2012

### ANCIENT NEW YEARS

The celebration of the new year is the oldest of all holidays. It was first observed in ancient Babylon about 4000 years ago. In the years around 2000 BC, the Babylonian New Year began with the first New Moon (actually the first visible crescent) after the Vernal Equinox (first day of spring). The beginning of spring is a logical time to start a new year. After all, it is the season of rebirth, of planting new crops, and of blossoming. January 1, on the other hand, has no astronomical nor agricultural significance. It is purely arbitrary. The Babylonian new year celebration lasted for eleven days. Each day had its own particular mode

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Jan. 23<sup>rd</sup> Jeanne Moreau  
 Jan. 24<sup>th</sup> John Belushi  
 Jan. 25<sup>th</sup> Edwin Newman  
 Jan. 26<sup>th</sup> Ellen De Generes  
 Jan. 27<sup>th</sup> Nick Mason  
 Jan. 28<sup>th</sup> Susan Sontag  
 Jan. 29<sup>th</sup> Tom Selleck  
 Jan. 30<sup>th</sup> Dick Cheney  
 Jan. 31<sup>st</sup> Nolan Ryan

celebration, but it is safe to say that modern New of Year's Eve festivities pale in comparison. The Romans continued to observe the new year in late March, but their calendar was continually tampered with by various emperors so that the calendar soon became out of synchronization with the sun. In order to set the calendar right, the Roman senate, in 153 BC, declared January 1 to be the beginning of the new year. But tampering continued until Julius Caesar, in 46 BC, established what has come to be known as the Julian calendar. It again established January 1 as the new year. But in order to synchronize the calendar with the sun, Caesar had to let the previous year drag on for 445 days.

## Resident Of The Month

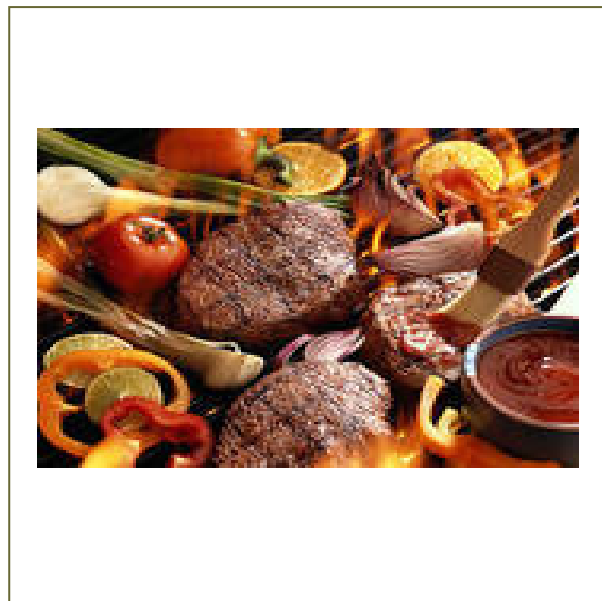
Our Resident of the month is Marilyn Zipper! She was born in Green Bay, WI. and lived in the same house for 75 years! Marilyn's favorite food is a nice prime rib. Her favorite beverage is herbal tea or diet root beer. Marilyn's favorite pet or animal is kitty cats. Hobbies she has enjoyed in the past are knitting, crocheting, and ceramics. Hobbies she enjoys now are reading, watching T.V., and playing computer games. Marilyn has traveled to Canada, Colorado, South Dakota, New Orleans, Niagara Falls, and The Smoky Mountains, but her favorite place to travel was Las Vegas. Her favorite childhood memory was going to Las Vegas at the age of 22. Marilyn wants to be remembered as a good aunt and a good person.



## Hillcrest Family Free Meal Ticket

Congratulations to Bernadette Buckman who is our winner of the Family Free Meal Tickets for the month of January!

We sincerely hope that you enjoy sharing a meal with two family members or friends! This is a good time to reminisce about the past or just share some good laughs with your loved ones.



*Congratulations To Both  
Marilyn Zipper  
and  
Bernadette Buckman!*

## January Resident Birthdays

Jan. 15<sup>th</sup> Joyce Reed

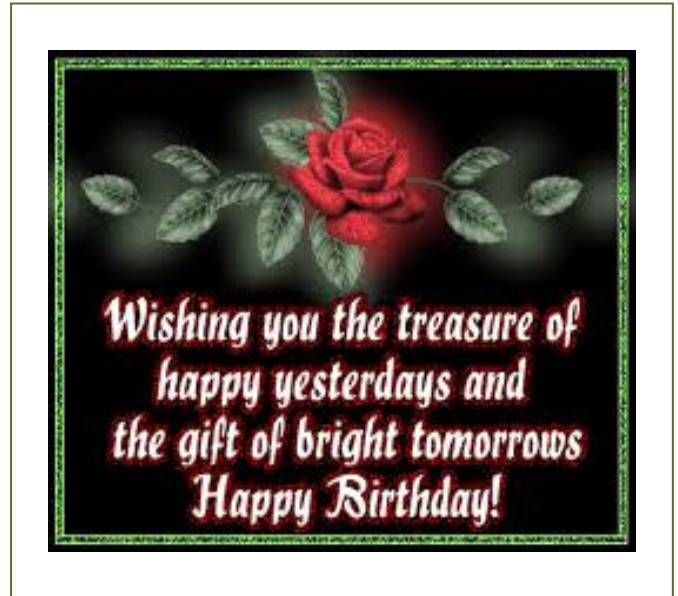
Jan. 19<sup>th</sup> Bernice Manders

Jan. 23<sup>rd</sup> Bernadette Buckman

Jan. 26<sup>th</sup> Emily Hudson

Jan. 28<sup>th</sup> Walter Charles

Happy Birthday



## January Staff Birthdays

Jan. 1<sup>st</sup> Stephanie Zeitler

Jan. 7<sup>th</sup> Rachele Robokoff

Jan. 17<sup>th</sup> Hailey Libert

A Wish For You On Your Birthday,  
 Whatever You Ask,  
 May You Receive,  
 Whatever You Seek,  
 May You Find,  
 Whatever You Wish,  
 May it be fulfilled,  
 On Your Birthday and Always!

Happy Birthday Everyone!

## January Staff Anniversaries

Jan. 5<sup>th</sup>, 2007 Bill Bushner  
 Jan. 27<sup>th</sup>, 2009 Stephanie Zeitler  
 Jan. 4<sup>th</sup>, 2011 Marcia Erskine  
 Jan. 4<sup>th</sup>, 2011 Diana Hermann  
 Jan. 6<sup>th</sup>, 2011 Angie Ambrosius  
 Jan. 10<sup>th</sup>, 2011 Jodi Howard  
 Jan. 17<sup>th</sup>, 2011 Amber Neal

**Happy Anniversary And Thank You For All You Do!!!**

**Residents and Staff hope you have many more**

**Years to come!!!**

***January Activities Highlights***

\*Exercise is Monday through Saturday at 9:30 AM

\*Sunshine Club in our Memory Care Unit at 8:00 AM

\*25 Cent Bingo is every Thursday at 1:30 PM

\*Happy Hour every Friday starting at 2:00 PM

\*Nails and Hair days are on Tuesday's & Thursday's at 8:15 AM

3<sup>rd</sup> - 1:30 Rummikub

4<sup>th</sup> - 2:45 Mass & Communion w/ Father Bob

5<sup>th</sup> - 11:00 Water Colors

6<sup>th</sup> - 2:00 Happy Hour & Entertainment w/ Rodger Hartwig

9<sup>th</sup> - 11:00 Poems In The Making

10<sup>th</sup> - 3:00 Hot Chocolate & Treats

11<sup>th</sup> - Bible Study w/ Pastor Mike

12<sup>th</sup> - 11:00 Puzzle Time

13<sup>th</sup> - Happy Hour & Entertainment w/ Tammy & Rolly Ferron

16<sup>th</sup> - 11:00 Uno

17<sup>th</sup> - 11:00 Parachute Fun

18<sup>th</sup> - 1:30 What's In The Bag

19<sup>th</sup> - 10:30 Entertainment w/ Carrie Frechette

20<sup>th</sup> - Happy Hour & A Movie

23<sup>rd</sup> - 1:30 Cooking Club

23<sup>rd</sup> - 6:00 Family Bingo Night

24<sup>th</sup> - 3:00 Yahtzee

25<sup>th</sup> - 2:00 Bowling

26<sup>th</sup> - 1:30 .25 Cent Bingo

27<sup>th</sup> - 11:00 Scarf Dancing

30<sup>th</sup> - 10:30 Pet Therapy

31<sup>st</sup> - 3:00 Board Games

**Resident Council Meeting**

January 18<sup>th</sup> at 9:30 AM right

Before Morning Stretch

We hope you will come and join us and share

Your thoughts and Ideas!

*A Special Thank You  
To All Of You Who Share  
Your Ideas & Concerns  
With Us!*

***Special Events and Days to Remember:***

January 1<sup>st</sup>, 2012 Is New Year's Day!

We Hope Everyone Has A Happy & Safe Holiday!!!

January 10<sup>th</sup>, 2012 Join Us For Hot Chocolate & Treats!

January 14<sup>th</sup>, 2012 Join Activities & Receive A Snack!

January 18<sup>th</sup>, 2012 Join Us For The Resident Council Meeting & Share Your Thoughts!

January 23<sup>rd</sup>, 2012 Join Us For Family Bingo Night!

January 23<sup>rd</sup>, Will Be Our Family Bingo Night! Please Invite Your Love Ones To Come Join The Fun With Us! ( A Beverage & Snacks Will Be Provided! )

Resident Family Pictures- If You Are Interested In Getting Family Pictures Done For The Holidays, Please Talk To Jodi In Life Enrichment Or CNA Nicky!

***January Dates to Celebrate***

1<sup>st</sup> – New Year's Day

– National Bloody Mary Day

– 66<sup>th</sup> Anniversary Of The Birth Of The First Baby Boomer  
(1946)

2<sup>nd</sup> – National Cream Puff Day

3<sup>rd</sup> – National Chocolate Covered–Cherry Day

4<sup>th</sup> – National Spaghetti Day

5<sup>th</sup> – National Whipped Cream Day

6<sup>th</sup> – National Short Bread Day

7<sup>th</sup> – I'm Not Going To Take It Anymore Day

8<sup>th</sup> – National English Toffee Day

8<sup>th</sup> – 14<sup>th</sup> National Pizza Week

9<sup>th</sup> – National Clean Off Your Desk Day

10<sup>th</sup> – National Bittersweet Chocolate Day

11<sup>th</sup> – Make Your Dreams Come True Day

13<sup>th</sup> – Friday The 13<sup>th</sup> The Fear Of This Number Is  
Triskaidekaphobia

14<sup>th</sup> – National Hot Pastrami Day

15<sup>th</sup> – National Strawberry Ice Cream Day

16<sup>th</sup> – Hot And Spicy Food International Day

– Martin Luther King, Jr Day

17<sup>th</sup> – 23<sup>rd</sup> National Fresh Squeezed Juice Week

18<sup>th</sup> – Maintenance Day ( Recognize Individuals In The  
Maintenance Department )

19<sup>th</sup> – Anniversary Of The Patent Of The Tin Can (1825)

20<sup>th</sup> – Hat Day – Have A Funniest Hat Contest

21<sup>st</sup> – Squirrel Appreciation Day

21<sup>st</sup> – 22<sup>nd</sup> 28<sup>th</sup> Annual Bald Eagle Appreciation Days

22<sup>nd</sup> – 28<sup>th</sup> National Activity Professionals' Week

– National Meat Week

23<sup>rd</sup> – Better Business Communication Day

– Chinese New Year

– National Pie Day

24<sup>th</sup> – National Compliment Day

– Global Belly Laugh Day

25<sup>th</sup> – National Irish Coffee Day

26<sup>th</sup> – National Clothes Clashing Day

– National Peanut Brittle Day

27<sup>th</sup> – National Chocolate Cake Day

– Backwards Day

– Fun At Work Day

28<sup>th</sup> – National Blueberry Pancake Day

29<sup>th</sup> – National Puzzle Day

30<sup>th</sup> – National Croissant Day



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**Specialized Assisted  
Living and Health Care**

The quality of service given by The Assisted Living Communities by Hillcrest each day sends a message. In the hours we spend at our facilities, we serve our residents with heart and mind, and that clearly reflects our values of love, selfless service, humility, dedication, commitment, dignity and respect. Every day we are given the opportunity to touch people's lives. We go the extra mile to serve our residents to see them smile, to make them feel loved and cared for. Our employees, residents and their families develop an emotional family bond with one another. Our residents truly are the ones that touch our lives and give each and every one of us at The Assisted Living Communities by Hillcrest more than we could have ever given them. In the end, we are here to help, love, honor, respect and treasure each and every resident! To us they are family.

- Nicole Behnke

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*We're on the Web!*

*Visit us at:*  
[www.birch-creek.com](http://www.birch-creek.com)

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Birch Creek  
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**Customer Name**  
**Street Address**  
**City, ST ZIP Code**